

A selection of fruit & milk available with meals. Check school website uplifteducation.org for additional information and updates

DECEMBER 2021

Child Nutrition Program

Breakfast: FREE

Lunch: FREE

Menu Subject To Change



Monday



Tuesday

Wednesday

Thursday

Friday

Breakfast:

6

Cereal

Lunch:

Cheese Enchiladas,
Steamed Broccoli

Breakfast:

7

Donut Holes

Lunch:

Taco Salad w/corn
Pinto Beans

Breakfast:

8

Banana Loaf

Lunch:

Veggie Nuggets, Roll,
Potato Wedges

Breakfast:

9

Cereal

Lunch:

Cheese Nachos
Green Beans

Breakfast:

10

Pop Tarts

Lunch:

Veggie Egg Roll,
Steamed Carrots

Breakfast:

13

Cereal

Lunch:

Bean & Cheese Burrito
Broccoli

Breakfast:

14

Banana Loaf

Lunch:

Fiesta Rice Bowl,
Pinto Bean, Salsa

Breakfast:

15

Oatmeal Bar

Lunch:

Cheese Panini
Potato Wedges

Breakfast:

16

Donut Holes

Lunch:

Veggie Nugget,
Mashed Potatoes, Corn

Breakfast:

17

Cheese Croissant

Lunch:

Cheese Pizza
Steamed Carrots

24

Happy Holidays

31



Monday



Tuesday

Wednesday

Thursday

Friday

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